The jane b semel Healthy Campus Initiative Appreciation & Recognition Award
Nomination Guidelines
2015-2016

The jane b semel Healthy Campus Initiative Appreciation & Recognition Award recognizes and
acknowledges members of the UCLA community for significant contributions related to individual,
departmental, divisional goals and objectives that support the principles of the Healthy Campus
Initiative in promoting health and wellness at UCLA.

Plan Eligibility & Criteria

All staff, faculty and students are eligible for the jane b semel HCI Appreciation & Recognition Award at
UCLA.

Individuals may be nominated for initiating and/or implementing programs/projects that demonstrate
the HCI’s guiding principles and support the goal of making the healthy choice the easy choice at UCLA in
one or more of our major thematic areas: MindWell, BEWell, EatWell, MoveWell and BreatheWell
(please see website for details: www.healthy.ucla.edu).

HCI Values:

- Foster High Level Wellness by maximizing the potential of individuals to improve their health;
- Encourage Personal Responsibility by creating an environment that facilitates healthy living,
while ensuring that individuals are free to define health as they choose and insisting that there
are not overt or covert “punishments” for those who choose not to participate;
- Respect Diversity by understanding that health and wellness are concepts that are frequently
defined differently by people of varying ages, races, ethnicities, religions, social classes, genders
etc.;
- Strive to Reduce Inequities in Health by making the campus community aware of existing
health disparities and creating interventions that reduce or eliminate them whenever possible;
- Be Integrative in acknowledging that body, mind, and spirit each has the potential to influence
the other, and accepting that health and wellness emerge from the interaction of individuals
and the physical and social/communal environments they inhabit.

Nomination Process

Nomination for the jane b semel Healthy Campus Initiative Appreciation & Recognition Award can be
made by submitting a letter (up to one page) describing why you or the person you are nominating
deserves to receive the recognition. Please include specific examples as well as the name and email of
the nominee, department, supervisor’s name and email. Multiple signatures for the same individual will
be viewed favorably in the selection process.

Send nomination letters to Louise Ino at lino@conet.ucla.edu no later than April 1, 2016. Recognitions
are non-monetary and will be presented at the HCI Annual Celebration Event on April 20, 2016.